

COVID-19 Safety Guidelines for BAMT Conference 2024

Welcome to the BAMT Conference 2024!

While there are no current governmental COVID-19 restrictions in place, our priority remains the health and safety of all participants (and consequently the people they work with), staff, and the community. Following the latest advice, we have established these guidelines to ensure a safe environment for all.

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Before You Attend

Stay Informed: Be aware that the situation could change, so it's important to check the latest advice before you attend.

Health Check: If you have symptoms of COVID-19 or feel unwell, please stay at home and avoid contact with others. This is crucial to prevent the spread of the virus.

Vaccination: We encourage all attendees to be vaccinated against COVID-19. Vaccination is the best way to protect yourself and others from severe disease (GOV.UK).

During the Event

Face Coverings: While not mandatory, wearing a mask when you have cold or flu symptoms and in crowded or enclosed spaces is advisable, especially when social distancing is not possible. It is also fine to wear a mask as a preventative measure if you want to.

Hand Hygiene: Hand sanitising stations will be available throughout the venue. Regular hand washing is encouraged.

Ventilation: Efforts will be made to ensure that indoor spaces are well-ventilated to reduce the spread of the virus. Curve has hepa filtration systems on their air handling units.

Social Distancing: Although there are no official restrictions, we encourage attendees to maintain a reasonable distance from others where possible.

If You Feel Unwell: If you develop symptoms during the event, please isolate from others immediately and follow the NHS guidance on what to do if you have COVID-19.

After the Event

Monitor Your Health: Continue to monitor your health for symptoms after the event and follow public health guidance if you feel unwell.

Additional Information

For the latest updates on COVID-19 guidelines and restrictions, visit the <u>GOV.UK coronavirus</u> (COVID-19) page and the NHS COVID-19 page.